

## EVERYONE ELSE IS DOING IT... RIGHT?

The truth is, **most** teens in Texas **are not** drinking, smoking, or using drugs.

# FACT SHEET ALCOHOL & DRUGS

When we ask teens how many young people are using alcohol and drugs, they say EVERYONE. But really only about 30% of Houston Area teens used alcohol or drugs in the last month, and 70% did not.\*

\*Texas School Survey



**7 out of 10 high school students are NOT drinking.**



**8 out of 10 high school students are NOT doing drugs.**



**9 out of 10 high school students are NOT smoking.**

## WHY NOT?

**Because they don't want to go to jail.**

Almost 5,000 juveniles were arrested in the Houston Area last year for drugs or alcohol.

**Because they want to live.**

261 drunk drivers died in accidents last year in the Houston Area.

Another 490 died of overdose, most from prescription pills.

**Because they want a better future.**

People who start drinking before age 15 are 4 times more likely to become alcoholic adults.

PREVENTION RESOURCE  
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