

**HOUSTON  
RECOVERY INITIATIVE**



*Are Proud to Present . . .*

## **“Prevention and Recovery: Partnering for Wellness”**



### **A FREE 6-Hour Workshop Via Zoom**

**Wednesdays, April 21 & 28, 2021 - 9:30 am – 12:45 pm Central Time – 6 CE hours  
LPC, LMFT, SW, LCDC) ~ must attend both days of training to receive CEs**

**You can REGISTER in advance with this link (good for both days):**

<https://us02web.zoom.us/meeting/register/tZ0scuGpqjkoHNPLYeN2jVTG1YBxcO1y8QcN>

**After registering, you will get a confirmation email containing information about joining the meeting.**

**Register soon as this training is limited to 50 participants in order to ensure a rich collaborative learning experience. More details? contact Sandy Olson, (281) 630-8665, [syolson@comcast.net](mailto:syolson@comcast.net)**

**Who Should Attend?** All who work in prevention, treatment, recovery, and ROSC transformation, including persons and families in recovery, and representatives from all community sectors who have an interest in this topic! (This webinar is for anyone with a personal or professional connection to the recovery and/or prevention communities (family members, recovery coaches, addiction counselors, therapists, peer support specialists, health educators, prevention specialists) on effective and evidenced-based prevention approaches and how they relate to recovery. Creating a shared language, dialogue, and tools strengthens our collective efforts to work against stigma and provide support to those in need.

**Program Summary and Learning Objectives.** In the Institute of Medicine’s Continuum of Behavioral Healthcare, prevention and recovery are on opposite ends of the spectrum, and we often think of them on diametric poles. In fact, prevention and recovery have many common or complementary characteristics and interventions. We will be exploring the many opportunities to collaborate and support each other, which are multiple and mutually beneficial but often overlooked. Join us!

*Continuing Education: Provider approved by the TCBAP Standards Committee, Provider No. 0340-89. Complaints about this continuing education provider or workshop content may be directed to the TCBAP Standards Committee, 401 Ranch Road 620 S., Ste. 310, Austin, TX 78734, Fax Number (888) 506-8123. TAAP and social work accreditation require that participants attend the entire session to receive credit. No partial credit will be given. Late arrivals will not be given CE credits. Cancellation notices will be posted at The Council 24 hours prior to the training.*



## **OUR DISTINGUISHED PRESENTERS**

**Sandra Puerini Del Sesto, M.Ed, ACPS**, is a consultant and master trainer in prevention theory and practice. She was the founder and for 30 years the executive director of a statewide, multi-service prevention program, and a founder and board chair of RI's largest non-profit treatment program. She was also the founding director of the Institute for Addiction Recovery at Rhode Island College. For over 40 years, Ms. Del Sesto has provided community and strategic planning, program development, training, and capacity building in all areas of prevention practice throughout the United States. She is a member of the advisory boards of the National Prevention Technology Transfer Center (PTTC), the New England PTTC, the National Latino PTTC, and the New England School of Addiction Studies.

Ms. Del Sesto serves as a member of the International Certification and Reciprocity Consortium (IC&RC), the international organization that certifies professionals working in behavioral health and is its former Prevention Committee Co-Chair. She is a co-author of the SAMHSA Substance Abuse Prevention Specialist Training (SAPST) and its basic and advanced Prevention Ethics courses as well as many other face-to-face and online courses. Ms. Del Sesto received her Bachelor's degree in psychology from Boston College (Newton), and her Master's degree in counselor education from Rhode Island College. She also completed a certificate program in non-profit management through Brown University. She is an advanced certified prevention specialist.



**Stephen J. Gumbley, MA**, has been working in health and human services since 1968, and specializing in advocacy, education, prevention, treatment, and recovery of substance use disorders since 1988. He is retired as director of the addiction training center (New England ATTC) at the Brown University School of Public Health, where he also was a member of the NIAAA post-doctoral training faculty. He is the author and co-author of several peer-reviewed journal articles.

A master's level, certified chemical dependency professional, Mr. Gumbley has served as clinical and programmatic administrator of a wide range of treatment modalities and programs. He is past chair of the board of Faces & Voices of Recovery, a national recovery advocacy organization, and served as their interim CEO in 2014. He is a founder of the Institute for Addiction Studies at Rhode Island College, and has served on the board of RI Communities for Addiction Recovery (RICARES), and as chair of the board of directors of Thrive Behavioral Health (<https://www.thrivebhri.org/>). He has lived in recovery from an alcohol use disorder since 1986.

Mr. Gumbley is presently a national trainer and consultant on a range of clinical and recovery issues. Recent professional activities include Principal Investigator Project Pleiades Maine; workforce development consultant Substance Use and Mental Health Leadership Council of RI; Consensus Panel/Subject matter expert, Treatment Improvement Protocol (TIP), *Enhancing Core Competencies of Peer Providers in Addiction Treatment and Community-Based Recovery Programs*, SAMHSA; reviewer, *Surgeon General's Report on Alcohol Drugs and Health*; and, peer reviewer for the *Journal of Addictions Nursing* and the *Journal of Medical Ethics*.

**“The treatment of every adult parent should include child-focused prevention and early-intervention services aimed at breaking the intergenerational transmission of AOD-related problems.” —William L. White, et al. (2009)**