

Alcohol

and how it affects our lives

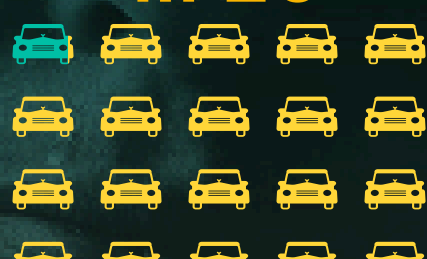
Seven Stages of alcohol intoxication:
 1.Low- level intoxication 2.Euphoria 3.Excitement 4.Confusion
 5.Stupor 6.Coma 7.Death

1 in 3



About 30 % of youth, Grades 7- 12, have consumed alcohol in the past 30 days.

Almost 1 in 20



About 4% of youth, Grades 9- 12, reported driving a car at least 1-3 times within the past 12 months, after having a good bit to drink.

5 in 10

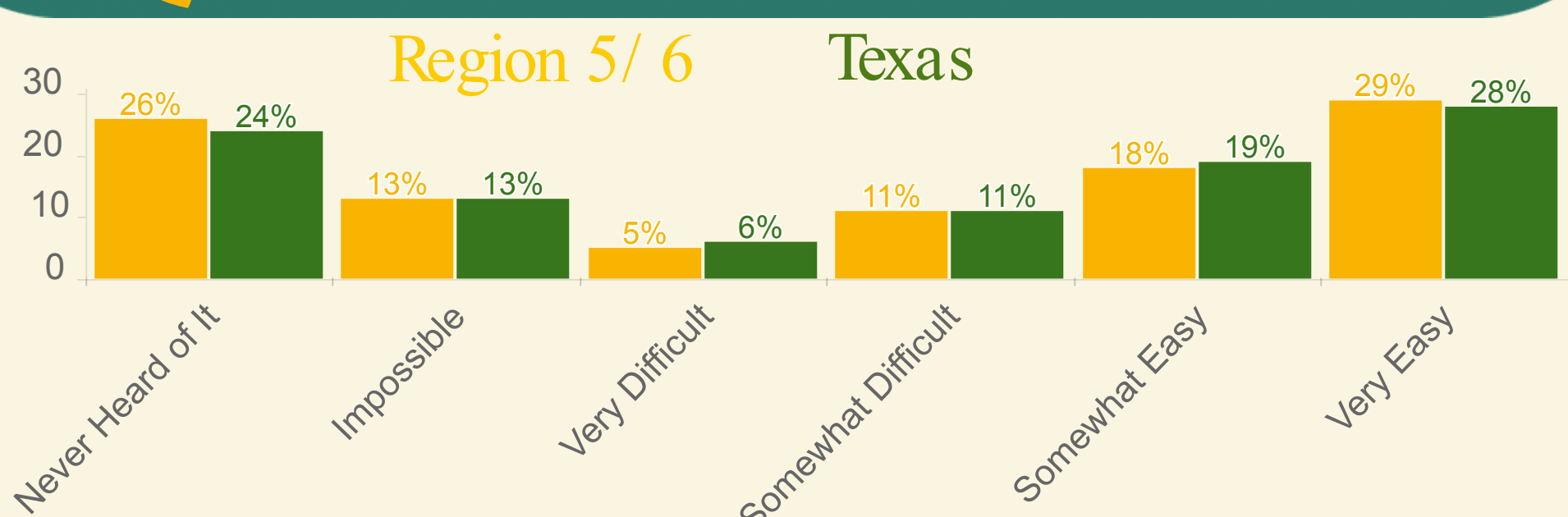


At least 50 % of youth, Grades 7- 12, have consumed alcohol at least once in their lifetimes.

It is estimated that about 90 % of individuals with substance use disorders, began using before the age of 18.



If you wanted some, how difficult would it be to get alcohol?
 Grades 7-12 youth report:



If you had a drug problem and needed help, who would you go to?



School Counselor
 Region 5/6: 36 %
 Texas: 40 %



Another Adult
 Region 5/6: 59 %
 Texas: 60 %



Friends
 Region 5/6: 62 %
 Texas: 64 %



Parents
 Region 5/6: 67 %
 Texas: 71 %



Medical Doctor
 Region 5/6: 57 %
 Texas: 58 %

Sources:
[https:// www.harmonyrecoverync.com/stages-of-drunkenness/](https://www.harmonyrecoverync.com/stages-of-drunkenness/)
 Texas A&M University. Texas School Survey of Drug and Alcohol Use: 20 18 HHSC Region 5 and 6 Report.
[https:// www.texaschoolsurvey.org/Report](https://www.texaschoolsurvey.org/Report) Accessed July 25, 20 19.
 Texas A&M University. Texas School Survey of Drug and Alcohol Use: 20 18 HHSC Texas State Reports.
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