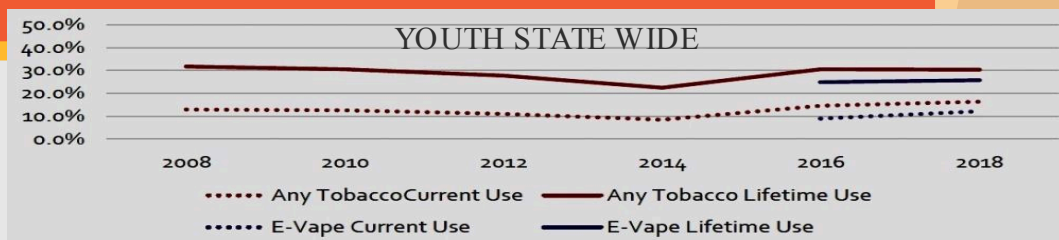


# TOBACCO USE AND VAPING

## CONSUMPTION RATES IN YOUTH: GRADES 7-12

### Texas and Regions 5 and 6, 2018



**3 IN 10 YOUTH STATE WIDE**  
 Three out of ten youth have used a tobacco product at least once in their lifetimes. Two out of ten youth report using tobacco within the past month.



**17%**  
 Any Tobacco Products:  
 Past Month

**31%**  
 Any Tobacco Products:  
 Ever Used



**13%**  
 Electronic Vapor Products:  
 Past Month

**27%**  
 Electronic Vapor Products:  
 Ever Used



**13.1**  
 Average Age of First  
 Use of Any Tobacco  
 Product

## The Dangers of Tobacco Use and Vaping

**1%**

Past month overall tobacco use increased by 1% from 2016 to 2018, after years-long decline before 2014, due to popularity of vaping, -

**33%**

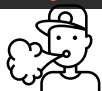
33% of youth report that their friends use tobacco

**34%**

34% of youth reported that it would be somewhat easy or very easy to get tobacco products, if they wanted some.

**1,000 Cases**

As of October, 2019, at least 1,000 cases of lung injury have been documented in the US by the Food and Drug Administration.



**4%**

Past month electronic vape use increased by 4% from 2016 to 2018

**17%**

17% of youth report actually using tobacco within past month

**21 Years of Age**

As of September, 2019, the purchasing age for tobacco products was raised to 21 years of age.

**18 Deaths**

As of October, 2019, there have been 18 deaths across the US attributed to lung injury caused by vaping.

Sources:  
[www.cdc.gov/tobacco/basic\\_information/e-cigarettes/severe-lung-disease.html](http://www.cdc.gov/tobacco/basic_information/e-cigarettes/severe-lung-disease.html)  
[www.texaschoolsurvey.org/](http://www.texaschoolsurvey.org/)

